**Table S1**

*Standardized Path Coefficients from Full Model*

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Other-Oriented Perfectionism T1 | | |  | Self-Oriented Perfectionism T1 | | |  | Socially Prescribed Perfectionism T1 | | |
| Path | Coeff. | SE | *p* |  | Coeff. | SE | *p* |  | Coeff. | SE | *p* |
| Total effect (c) | .015 | .037 | .677 |  | -.067 | .037 | .066 |  | .054 | .041 | .186 |
| Direct effect (c’) | -.002 | .038 | .949 |  | -.010 | .038 | .800 |  | -.048 | .044 | .273 |
| a1 (X🡪 Perfectionistic Self-Promotion) | **.105** | **.050** | **.035** |  | **.364** | **.053** | **<.001** |  | **.224** | **.053** | **<.001** |
| a2 (X🡪 Nondisplay of Imperfections) | .051 | .052 | .330 |  | **.133** | **.056** | **.017** |  | **.281** | **.054** | **<.001** |
| a3 (X🡪 Nondisclosure of Imperfections) | .033 | .059 | .575 |  | .097 | .059 | .102 |  | **.309** | **.056** | **<.001** |
| a4 (X🡪 Social Hopelessness) | .004 | .039 | .913 |  | -.085 | .049 | .087 |  | **.183** | **.041** | **<.001** |
| a5 (X🡪 Loneliness) | **.133** | **.043** | **.002** |  | **-.184** | **.056** | **.001** |  | **.164** | **.049** | **.001** |
| a6 (X🡪 Need for Social Assurance) | -.082 | .069 | .239 |  | .021 | .078 | .787 |  | **-.194** | **.073** | **.008** |
| a7 (X🡪 Reassurance of worth) | -.002 | .050 | .968 |  | **.294** | **.059** | **<.001** |  | **-.234** | **.055** | **<.001** |
|  | Perfectionistic Self-Promotion T2 | | |  | Nondisplay of Imperfections T2 | | |  | Nondisclosure of Imperfections T2 | | |
| Path | Coeff. | SE | *p* |  | Coeff. | SE | *p* |  | Coeff. | SE | *p* |
| Total effect (c) | -.051 | .054 | .344 |  | **.097** | **.044** | **.026** |  | **.087** | **.034** | **.011** |
| Direct effect (c’) | -.031 | .050 | .535 |  | .051 | .040 | .208 |  | .035 | .035 | .311 |
| a1 (X🡪 Social Hopelessness) | **-.147** | **.065** | **.025** |  | **.336** | **.055** | **<.001** |  | .085 | .046 | .067 |
| a2 (X🡪 Loneliness) | -.076 | .066 | .251 |  | .078 | .055 | .157 |  | **.187** | **.056** | **.001** |
| a3 (X🡪 Social Assurance) | -.061 | .084 | .463 |  | -.092 | .073 | .205 |  | .109 | .073 | .135 |
| a4 (X🡪 Reassurance of worth) | -.069 | .069 | .317 |  | -.009 | .056 | .879 |  | **-.173** | **.058** | **.003** |
|  | Social Disconnection | | |
| Path | Coeff. | SE | *p* |
| b1 (Social hopelessness🡪 Y2) | **.114** | **.040** | **.005** |
| b2 (Loneliness🡪 Y) | **.119** | **.041** | **.003** |
| b3 (Social Assurance🡪Y) | .021 | .027 | .437 |
| b4 (Reassurance of Worth🡪 Y) | **-.096** | **.040** | **.017** |

*Note.*T1 = Time 1 (baseline); T2 = Time 2 (follow-up). Gender, age, general health, and depressive symptoms at baseline were entered as covariates.